

# Gripp-Heel®

## Summary of Product Characteristics

### Tablets

**Compositions: Tablets:** 301.5 mg contains: Active ingredients: Aconitum napellus D4 120 mg, Byronia D4 60 mg, Eupatorium perfoliatum D3 30 mg, Lachesis D12 60 mg, Phosphorus D5 30 mg. Excipients: Magnesium stearate 1.5 mg. Contains lactose!

**Indications: Tablets:** For the relief of symptoms related to colds and influenza-like illnesses, such as aches and pains, fever, drowsiness, cough and headache.

**Contraindications: Tablets:** Known allergy (hypersensitivity) to one or more of the ingredients.

**Special warnings and special precautions for use: Tablets:** Patients with rare hereditary problems of galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicinal product.

**Side effects: Tablets:** Like all medicinal products, this homeopathic medicinal product can cause side effects, although not everybody gets them. In isolated cases transient skin reactions have been reported.

**Interactions with other medication: Tablets:** No interactions have been reported, and none are expected due to the homeopathic dilutions.

**Pregnancy and lactation: Tablets:** For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.

**Effects on ability to drive and use machines: Tablets:** No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.

**Dosage: Tablets:** Standard Dosage: Adults (and children 12 yrs. and older): 1 tablet 3x daily. Pediatric: Below 2 yrs.: 1 tablet 1x daily. 2–5 yrs.: 1 tablet 1–2x daily. 6–11 yrs.: 1 tablet 2x daily. Acute or Initial Dosage: Adults (and children 12 yrs. and older): 1 tablet every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: Below 2 yrs.: 1 tablet every 1 to 2 hrs., up to 4x daily, and then continue with standard dosage. 2–5 yrs.: 1 tablet every 1 to 2 hrs.: up to 6x daily, and then continue with standard dosage. 6–11 yrs.: 1 tablet every 1 to 2 hrs., up to 8x daily, and then continue with standard dosage. Method of administration: Preferably allow the tablet to dissolve in the mouth, and then swallow. For children it is possible to crush the tablet and add to a small amount of water. This medicine should be taken away from meals.

**Overdose: Tablets:** No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.

**Package sizes: Tablets (9674):** Packs containing 50 and 250 tablets.